

**Kingwood and West Houston Medical Center's  
Podiatric Medicine and Surgery Residency with RRA  
Academic Schedule 2018-2019**

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**CCC-** Clinical Case Conference, Saturdays 9AM-12PM

**JC-** Journal Club, 6PM

**DL-1-** Surgical Dissection Lab PGY-1 residents, 6PM

**DL-2-** Surgical Dissection Lab PGY-2 and any interested PGY-3, 6PM

**DL-3-** Surgical Dissection Lab PGY-3, 6PM

**FUN-** Fundamentals night PGY-2 or PGY-3, TBD

**SRL-** Senior Resident Lecture, 8AM before corresponding CCC

**BI-** Biomechanics Third Tuesday of the month 5:30 PM

**K-**Kingwood Resident

**W-**West Houston Resident

**A, B, C-** First, Second, and Third year

**Biomechanics Lectures:**

July 17, 2018- **FIRST YEARS ONLY** for the first lecture in July.

August 21, 2018

September 18, 2018

October 23, 2018

November 20, 2018

December 18, 2018

January 15, 2019

February 19, 2019

March 19, 2019

April 16, 2019

May 21, 2019

June 18, 2019

**Journal Clubs:**

July 2, 2018- WC1

August 6, 2018- KC1

September 10, 2018- WC2

October 8, 2018- KC2

November 5, 2018- WC3

December 3, 2018- KC3

January 7, 2019- WC4

February 4, 2019- WB1

March 4, 2019- KB1

April 8, 2019 KB2

May 6, 2019- WB2

June 3, 2019- KB3

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**DL1:**

July 16, 2018- Introduction to hand instrumentation, cast removal, closure

August 13, 2018- Introduction to power equipment, digital arthroplasty

September 17, 2018- Neuroma, DIPJ arthroplasty

October 9, 2018- Digital fusion, Weil osteotomy

November 12, 2018- Austin, Akin neuroma

December 10, 2018- CBWO, OBW, Lapidus

January 14, 2018- Tailors bunion, Weil osteotomy

February 25, 2019- Heel spur, PF release open/instep, Kidner

March 25, 2019- Retrocalcaneal exostosis, Haglunds

**DL2:**

July 23, 2018- Lapidus, dislocated 2nd toe, neuroma

August 20, 2018- Evans, Cotton, FDL tendon transfer, percutaneous TAL or gastroc

September 24, 2018- Fibula fracture, syndesmotomic repair

October 22, 2018- 1st MPJ fusion, Pan-metatarsal head resection

November 13, 2018- Lis Franc's fracture/dislocation/arthrodesis, jones fracture

December 11, 2018- Ankle/STJ arthroscopy

January 21, 2019- STJ fusion, Retrocalcaneal enthesiopathy

February 26, 2019- MDCO or Dwyer, T-N fusion, open TAL or gastroc

March 26, 2019- Steindler stripping, dorsiflexory osteotomy of the midfoot

**DL3:**

July 30, 2018- Lapidus, 2nd MPJ dislocation

August 27, 2018- Triple Arthrodesis, gastrocnemius recession, TAL open

September 25, 2018- Ankle/STJ arthroscopy

October 29, 2018- Peroneal sacrificing ankle or Brostrom

November 19, 2018- Medial malleolar osteotomy, First MPJ fusion

December 12, 2018-TMT 1-3 fusion/interpositional arthroplasty 4, 5

January 28, 2019 - FHL transfer, chronic Achilles repair

February 27, 2019- STATT, PT tendon transfer through the interosseous membrane

March 27, 2019- TTC, ankle arthrodesis

**Demonstration labs: (second and third year residents)**

Principles of application of a circular frame: TBD

IM nail: TBD

Plastics: Flaps: TBD

**At the end of each quarter, junior and senior residents should exchange cadavers. All cadavers can remain for free dissection time until the week before the start of the next set of labs when they should be disposed of and the new limbs arrive.**

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**CCC:**

July 21, 2018- WC2, KC2, WC3  
August 25, 2018- WC1, KC2, KC3  
September 22, 2018- WC4, KC1, WB4  
October 27, 2018- WC2, WB4, KB1  
November 10, 2018- KB2, WC1, WC3  
December 15, 2018-KC1, KC2, WB2  
January 12, 2019- WC1, WC4, KB3  
February 9, 2019- WC4, KC3, WB3  
March 30, 2019- WC2, WB1, KB2  
April 13, 2019- KC3, KB3, KC1  
May 18, 2019- WC3, KC3, WB3  
June 1, 2019-WB1, WB2, KB1

**SRL-(Senior Resident Lectures)**

December 15, 2018- KC3- Treatment of Stage 2 Hallux Limitus (3 stage classification)  
January 12, 2019- WC1-Procedure Selection for Adult Flatfoot Repair  
February 9, 2019-KC2- Current Treatment of Diabetic Neuropathy  
March 30, 2019-WC2- Review of VTE/DVT/PE in the lower extremity and its prophylaxis  
April 13, 2019- KC1- Current Treatment of Gout  
May 18, 2019-WC3- Testing for Level Selection in Lower Extremity Amputations  
June 1, 2019- WC4-- A Review of Supramalleolar Osteotomies

**First Year Case Presentations:**

May 16, 2019- Kingwood residents  
June 6, 2019- West Houston Residents

**Each first year will present an interesting case they participated on during the past year. This may be medical, surgical, or even non-podiatric. This will be presented to all of the residents.**

**Fundamentals**

**PGY-3:** TBD

**PGY-2:** TBD

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**Kingwood Resident Key:**

Roberto De Los Santos- KA1

Nida Nisar- KA2

Thomas Simon-KA3

Dean Kim- KB1

Trent Monson- KB2

Bijan Sheikhezadeh- KB3

Shannon Curran-KC1

Kent Jarvis-KC2

Christopher Kreps- KC3

**West Houston Resident Key:**

Eric Frey- WA1

Elizabeth Litoff- WA2

Vidhi Patel- WA3

Daniel Spencer- WA4

Soumaya Bader- WB1

Haonan (Tom) Lin- WB2

Joseph Rundell- WB3

Zachary Stanfield- WB4

Alexander Jenks- WC1

Zubeen Mistry- WC2

Michael Ringwood- WC3

Dhanvil Thakor- WC4

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**Didactic Review Tests:**

**Books:** McGlamry's 4th edition. Mann's Surgery of the Foot and Ankle 9<sup>th</sup> edition.

**New:** Will include some questions from CCC's

**1<sup>st</sup> Test: September 26, 2018.** McGlamry's

1<sup>st</sup> year: Ch 4: Sutures, Ch 5: Periop eval, Ch 5 Local Anesthesia

2<sup>nd</sup> Year: Ch 5- Periop eval, Ch 9: Periop DVT, Ch27: Distal Met osteot HAV  
Ch 34: 1<sup>st</sup> MTP Arthroplasty

3<sup>rd</sup> Year: Ch 5 Periop eval, Ch 38: Pedal prominences, Ch 42: Pes Cavus

**2<sup>nd</sup> Test: December 19, 2018.**

1<sup>st</sup> year: McG. Ch 12: Morton's, Ch 30: Z- Scarf osteotomy, Ch 31: Lapidus, Ch 32: Juvenile HAV  
Mann's Ch 11: Toe nail Abnormalities

2<sup>nd</sup> Year: McG.Ch 31: Lapidus, Ch 37: Hallux varus, Ch 39: Plantar Heel,  
Mann's 9<sup>th</sup> ed: Ch 12 Interdigital neuromas and recurrent neuroma, pgs 942 to 970

3<sup>rd</sup> Year: McG Ch 37 Hallux varus.  
Mann's: Ch 12. Disorders of nerve. Entire chapter, pg 943-1026.  
Mann's: Ch 35 Subtalar dislocations Pg 2773 - 2788

**3<sup>rd</sup> Test: March 20, 2019.**

1<sup>st</sup> year: McG Ch 13,14,15,16.

Ch 13: Lesser digital deformities (5pgs). Ch 14 Digital Surgery: Metatarsophalangeal Joint Release and Proximal Interphalangeal Joint Arthrodesis, Ch 15: Flail toe with graft. Ch 16 FDL transfer.

2<sup>nd</sup> Year: Mann's 9<sup>th</sup> edition, Ch 15. Infections of the foot.  
McG Ch 69 Evaluation and Management of the Diabetic Foot Wound.

3<sup>rd</sup> Year: Mann's Ch 39, fractures talus. Ch 38 Fractures of calcaneus. Ch 24 Disorders of tendons

**4<sup>th</sup> Test: June 12, 2019.**

1<sup>st</sup> Year: Mann's Ch 28 Amputations of foot and ankle.

2<sup>nd</sup> Year: Mann's Ch 27. Diabetes. McGlamry Ch 55 principles of arthrodesis

3<sup>rd</sup> Year: Mann's Ch 40 Fractures of the midfoot and forefoot.