

**CCC**- Clinical Case Conference, Saturdays 9AM-12PM

**JC**- Journal Club, 5:30PM

**DL-1**- Surgical Dissection Lab PGY-1 residents and any interested PGY-3, 6PM

**DL-2**- Surgical Dissection Lab PGY-2 and any interested PGY-3, 6PM

**DL-3**- Surgical Dissection Lab PGY-3, 6PM

**SRL**- Senior Resident Lecture, 8AM before corresponding CCC

**BI**- Biomechanics Third Tuesday of the month, 5:30 PM

**RAD**- Radiology Lab, 5:30PM

**K**- Kingwood Resident

**W**- West Houston Resident

**A, B, C**- First, Second, and Third year

### **Biomechanics / Practice Management Lectures: Led by Dr. Schneider**

July 20, 2021- (**FIRST YEARS ONLY WEST & KW**)- A Brief Overview of Clinical Biomechanics

August 17, 2021- Biomechanics of Plantar Fasciitis / Biomechanics of Hallux Valgus

September 14, 2021- Practice Management: An Introduction to Compliant Coding

October 19, 2021- The Biomechanics of Running

November 16, 2021- Biomechanics of Lesser Digital Deformities / Offloading Diabetic Wounds

December 14, 2021- Practice Management: Dispensing & Coding Durable Medical Equipment (DME)

January 18, 2022- Gait Analysis / The Static Biomechanical Examination

February 15, 2022- Determining Appropriate Orthotic Therapy

March 15, 2022- Practice Management: Marketing Your Podiatric Practice

April 19, 2022- Biomechanical Considerations of Running Shoes

May 17, 2022- Ankle-Foot Orthoses

June 21, 2022- Casting Materials & Techniques Workshop (Both programs at WEST location)

TBD- Practice Management Symposium (**3<sup>rd</sup> Year Residents Only**) – Time/Date/Location TBD

### **Journal Clubs:**

July 5, 2021 - Led by Dr. Sultan

August 2, 2021- Led by Dr. Bernhard

September 7, 2021 (Tuesday) - Led by Dr. Sultan

October 4, 2021- Led by Dr. Bernhard

November 1, 2021- Led by Dr. Sultan

December 6, 2021- Led by Dr. Bernhard

January 3, 2022- Led by Dr. Sultan

February 7, 2022- Led by Dr. Bernhard

March 7, 2022- Led by Dr. Sultan

April 4, 2022- Led by Dr. Bernhard

May 2, 2022- Led by Dr. Sultan

June 6, 2022- Led by Dr. Bernhard

**DL1:**

July 12, 2021- Introduction to Hand / Power Instrumentation, Partial / Total Nail Avulsion  
August 9, 2021- Closure, PIPJ and DIPJ Arthroplasty, Digital Fusion  
September 13, 2021- Weil Osteotomy, Tailor's Bunionectomy  
October 11, 2021- Distal Osteotomy Bunions  
November 8, 2021- Neuroma, Tarsal Tunnel  
December 7, 2021- Calcaneal Osteotomies  
January 10, 2022- Lapidus Bunion  
February 14, 2022- Heel Spur, PF Release Open / Instep, Kidner  
March 14, 2022- Retrocalcaneal Exostectomy, Haglunds

**DL2:**

July 19, 2021- 1<sup>st</sup> Met Proximal Osteotomies, Dislocated 2<sup>nd</sup> Toe, Weil, Digital Arthroplasty  
August 16, 2021- Evans, FDL Tendon Transfer, Gastrocnemius Recession, Cotton  
September 20, 2021- Fibula Fracture, Syndesmotomic Repair  
October 18, 2021- TMT Fusions, Jones Fracture, Lis Franc Fracture / Dislocation  
November 15, 2021- Calcaneal Osteotomies, MDCO or Dwyer  
December 13, 2021- FHL Tendon Transfer, V-Y Achilles Repair, Retrocalcaneal Exostosis  
January 17, 2022- MIS HAV Repair, 1<sup>st</sup> MPJ Fusion  
February 21, 2022- Ankle / STJ Arthroscopy, Tenoscopy  
March 21, 2022- STJ Fusion, T-N Fusion, Percutaneous TAL

**DL3:**

July 26, 2021- Lapidus, 2<sup>nd</sup> MPJ Dislocation includes Weil Procedure  
August 23, 2021- Ankle / STJ Arthroscopy  
August 30, 2021- Charcot Foot & Ankle Lab  
September 27, 2021- Triple Arthrodesis, Gastrocnemius Recession  
October 6, 2021- Lapiplasty Lab  
October 25, 2021- Peroneal Sacrificing Ankle Stabilization or Brostrom with Dwyer  
November 22, 2021- MIS HAV Repair, TMT 1-3 Fusion  
December 15, 2021- Medial Malleolar Osteotomy, OCD Repair, Talonavicular Fusion  
January 24, 2022 – TTC or Ankle Arthrodesis  
February 28, 2022- Cole, Steindler stripping, STATT, PT Tendon Transfer thru Interosseous Membrane  
March 28, 2022- Chronic Achilles Repair with FHL Tendon Transfer

**Demonstration labs: (Second- and Third-year Residents)**

Principles of application of a circular frame: TBD

IM nail: TBD

Plastics: Flaps: TBD

**At the end of each quarter, junior and senior residents should exchange cadavers. All cadavers can remain for free dissection time until the week before the start of the next set of labs when they should be disposed of and the new limbs arrive.**

**CCC:**

July 17, 2021- WC2, KC3, WC3  
August 14, 2021- WC1, KC2, KC1  
September 18, 2021- WC4, KC3, WB3  
October 16, 2021- WC2, WB4, KB3  
November 13, 2021- KB2, WC1, WC3  
December 11, 2021- KC2, WB2, KB1  
January 15, 2022- WC4, KC1, WB1  
February 19, 2022- KC3, WB3, WC3  
March 19, 2022- WC2, WC1, KB2  
April 16, 2022- KB3, KC1, KC2  
May 14, 2022- WB4, KB1, WC4  
June 11, 2022- WB1, WB2

**SRL- (Senior Resident Lectures)**

December 11, 2021- KC3 - Pre-operative Work-up & Management of Complications during the Perioperative Phase of Diabetes  
January 15, 2022- WC1 -Treatment of Pediatric Foot Deformities (excluding club foot, vertical talus)  
February 19, 2022- KC2 - Failed TAR, Surgical Treatment  
March 19, 2022- WC4 - Charcot Midfoot Arthropathy Surgical Management  
April 16, 2022- WC3 - Tendon Transfers for Paralytic Foot Deformities  
May 14, 2022- WC2 - Ankle Instability Surgical Management  
June 11, 2022- KC1- Osteomyelitis Foot and Ankle. Diagnosis and Treatment

**First Year Case Presentations:**

May 18, 2022- Kingwood residents  
June 1, 2022- West Houston Residents

**Each first year will present an interesting case they participated on during the past year. This may be medical, surgical, or even non-podiatric. This will be presented to all of the residents.**

**Dermopath Lecture Series: (KW & WEST Residents)**

**Location:** GTEF Office- 12121 Richmond Avenue STE 417, Houston TX 77082

**Lectures to Podiatry Residents:** ~ Jochin Shaefer, MD  
**(Tuesdays at 5:30PM)**

July 13, 2021- Biopsy Strategies and Techniques. When should I biopsy?  
September 21, 2021- Skin malignancies  
November 9, 2021- Ulcerative Conditions (Venous stasis, calciphylaxis, Pyoderma gangrenosum, marjolins ulcer)  
January 4, 2022- Autoimmune conditions (Psoriasis, CREST, scleroderma, etc)  
March 8, 2022- Fungal infections (tinea pedis/tinea unguium)  
May 3, 2022- Diabetic skin manifestations (dermopathy, necrobiosis lipoidica diabetorum, eruptive xanthomatosis, etc)

**Nerve Labs- Saturdays 9:00 AM-12:00PM- Led by Dr. Wynn (KW & WEST Residents)**

August 28, 2021- Evolution of neuroma surgery. *First years only*

February 5, 2022- Tarsal Tunnel Surgery. *Second years only*

March 5, 2022- Nerve Repair and Nerve Wrap Lab. *Second & Third years only*

April 30, 2022- Common Peroneal Nerve Decompression. *Third years only*

**Radiology Lab(s): (KW & WEST Residents)**

*(Residents would provide radiographs/CT/MRI to the attending ahead of time for review)*

August 10, 2021- Forefoot RAD Lab- Led by Dr. Blumfield

October 5, 2021- Midfoot RAD Lab- Led by Dr. Ivey

February 8, 2022- Rearfoot RAD Lab- Led by Dr. Beckman

April 5, 2022- Ankle RAD Lab- Led by Dr. Patel

**Kingwood Lectures:**

**July 7, 2021:**

1. Principles of Wound Healing: Colby
2. Perioperative Management / DVT Prophylaxis: Rafay

**July 14, 2021:**

1. Wound Classifications / OM: Richard
2. SUTURE WORKSHOP

**July 21, 2021:**

1. XR: Abinav
2. CT / MRI / Bone scan: Simrit

**July 28, 2021:**

1. Anesthesia: Sahil
2. Antibiotics for Diabetic Wounds: Phi

**August 4, 2021:**

1. AO Principles: Simrit
2. Ruggles Lab CONFIRMED WITH RUGGLES 8/4

**August 11, 2021**

1. Amps / Flaps: Hannah
2. Open Fractures / Puncture Wounds / Tetanus: Jaskern

**August 18, 2021**

1. HAV Evaluation: Sahil
2. HAV Surgery: Rafay

**August 25, 2021**

1. Hallux Varus: Abinav
2. Hallux Limitus: Phi

**September 1, 2021**

1. Tendon Healing / Transfers: Richard
2. BIOMET LAB CONFIRMED DOWNTOWN WITH CARSON 9/1

**September 8, 2021**

1. Charcot: Sahil
2. Ex-fix: Jaskern

**September 15, 2021**

1. Metatarsal Fractures: Colby
2. BIOMET JONES FRACTURE AT KW CONFIRMED WITH CARSON 9/15

**September 22, 2021**

1. PTTD: Hannah
2. Flatfoot Surgery: Simrit

**September 29, 2021:**

1. Neurologic Conditions of Pes Cavus: Phi
2. Surgical Correction of Pes Cavus: Jaskern

**October 13, 2021:**

1. 3<sup>rd</sup> Year ITE 10/12 and 10/13

**October 20, 2021:**

1. Digital / Sesamoid FX / 1<sup>st</sup> MPJ Dislocation: Sahil
2. Complications: Mal / Nonunion, AVN, Compartment Syndrome: Phi

**October 27, 2021:**

1. Lisfranc FX / Dislocation: Rafay
2. LISFRANC LAB STRYKER CONFIRMED WITH RICH 10/27

**November 3, 2021:**

1. Ankle Fracture: Colby
2. Pilon Fractures: Jaskern

**November 10, 2021:**

1. Navicular Fracture: Abinav
2. Talar Fracture: Hannah

**November 17, 2021:**

1. Achilles Rupture: Colby
2. Calcaneal Fracture: Richard

**November 24, 2021:**

Thanksgiving

**December 1, 2021:**

1. Ankle Fusion: Rafay
2. ANKLE FUSION LAB STRYKER CONFIRMED WITH RICH 12/1

**December 8, 2021:**

1. Pedal Coalitions: Hannah
2. Ankle Instability / Sprains / Strains: Richard

**December 22, 2021:**

1. Callus Distraction: Abinav
2. TAR: Simrit

**December 29, 2021:**

Holiday

**January 5, 2022:**

1. Pediatric Forefoot Deformity: Abinav
2. Pediatric Rearfoot Deformity: Rafay

**January 12, 2022:**

1. Tarsal Tunnel: Sahil
2. OCD / Arthroscopy: Jaskern

**January 19, 2022:**

1. Rheumatoid Arthritis: Phi
2. Gout: Hannah

**January 26, 2022:**

1. Soft Tissue Tumors / Mass: Abinav
2. Melanoma and Skin Lesions: Jaskern

**February 2, 2022:**

1. Vascular Disorders: Sahil
2. Bone Tumors: Phi

<b>KW Board Prep:</b>	
<b>February 9, 2022</b>	Board Prep
<b>February 16, 2022</b>	Board Prep
<b>February 23, 2022</b>	Board Prep
<b>March 2, 2022</b>	Board Prep
<b>March 9, 2022</b>	Board Prep
<b>March 16, 2022</b>	Board Prep
<b>March 23, 2022</b>	Board Prep
<b>March 30, 2022</b>	Board Prep

<b>KW Workshop(s):</b>	
<b>April 6, 2022</b>	Workshop
<b>April 13, 2022</b>	Workshop
<b>April 20, 2022</b>	Workshop
<b>April 27, 2022</b>	Workshop
<b>March 9, 2021</b>	Workshop
<b>March 16, 2021</b>	Workshop
<b>March 23, 2021</b>	Workshop
<b>March 30, 2021</b>	Workshop

**KINGWOOD Resident Key:**

Sahil Handa- KA1

Phi Huynh- KA2

Abinav Leva- KA3

Jaskern Dhami- KB1

Hannah Abigail- KB2

Rafay Qureshi- KB3

Richard Amundsen- KC1

Simrit Kaur- KC2

Colby Berger- KC3

**WEST Resident Key:**

Casser Farishta- WA1

Imran Peer-WA2

Mai Pham- WA3

Taylor Saucier- WA4

Tarunjeet Bajwa- WB1

Hira Mirza-WB2

Heather Tran- WB3

Paul Williams- WB4

Rita Acebo- WC1

Hussain Hussain- WC2

Bruce Kroeker-WC3

Lelee Lee- WC4