HCA Houston Healthcare Kingwood and West
Podiatric Medicine and Surgery Residency with RRA
Academic Schedule 2022-2023

CCC- Clinical Case Conference, Saturdays 9AM-12PM

JC- Journal Club; First Tuesday of the Month, 6PM

DL-1- Surgical Dissection Lab PGY-1 and any interested PGY-3, 6PM

DL-2- Surgical Dissection Lab PGY-2 and any interested PGY-3, 6PM

DL-3- Surgical Dissection Lab PGY-3, 6PM

SRL- Senior Resident Lecture, 8AM before corresponding CCC

BI- Biomechanics Third Tuesday of the Month, 5:30 PM

K- Kingwood Resident

W- West Resident

A, B, C- First, Second, and Third Year

Biomechanics / Practice Management Lectures: Led by Dr. Schneider

July 19, 2022- (**FIRST YEARS ONLY WEST & KW**)- A Brief Overview of Clinical Biomechanics
August 16, 2022- Providing a Customized Footwear Prescription to Your Patients
September 20, 2022- Biomechanics of Walking, Running, & Racing; Biomechanics of Racquet Sports & Soccer
October 25, 2022- The Biomechanics of Cycling and American Sports
November 15, 2022- Biomechanics of Triathlon and Duathlon
December 13, 2022- DME Protocols
January 17, 2023- The Pathology-based Orthotic Prescription
February 21, 2023- Biomechanics of Adult Acquired Flatfoot and Plantar Fasciiitis
March 21, 2023- Practice Management: Intro to Coding and Case Studies
April 18, 2023- Practice Management: Office Systems and Treatment Protocols
May 16, 2023- Practice Management: Effective Patient Communication
June 20, 2023- Casting Materials and Techniques Workshop **(Both programs at West location)**
TBD- Practice Management Symposium **(3rd YEARS ONLY WEST & KW)** – Time/Date/Location TBD

Journal Clubs: Led by Dr. Sultan

July 5, 2022- Infection
August 2, 2022- 1st Ray / Digital Deformities
September 6, 2022- Soft Tissue / Bone Tumors
October 4, 2022- Heel Pain / Achilles' Tendon
November 1, 2022- Progressive Collapsing Foot Deformity / PT Tendon
December 6, 2022- Cavus / Neuromuscular Disorders / Tendon Transfers
January 3, 2023- Peds Deformities
February 7, 2023- Trauma of Forefoot and Soft Tissue
March 7, 2023- Trauma of Rearfoot
April 4, 2023- Total Ankle Replacement / Supramalleolar Osteotomies
May 2, 2023- Medicine
June 6, 2023- Podiatry Potpourri- TBD

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DL1:

July 11, 2022- Introduction to Hand / Power Instrumentation, Partial / Total Nail Avulsion
August 8, 2022- Closure, PIPJ and DIPJ Arthroplasty, Digital Fusion
September 12, 2022- Neuroma, Tailor's Bunionectomy
October 10, 2022- First MPJ Dissection, Weil Osteotomy
November 14, 2022- Distal Osteotomy Bunion
December 5, 2022- Lapidus Bunion
January 9, 2023- Repeat Distal Osteotomy with MPJ Dissection, Weil Osteotomy
February 13, 2023- Heel Spur, PF Release Open / Instep, Kidner
March 13, 2023- Retrocalcaneal Exostectomy, Haglunds

DL2:

July 18, 2022- 1st Met Proximal Osteotomies, Weil
August 15, 2022- Jones Fracture, Oblique Fracture Distal 4th Metatarsal, Midshaft 3
September 19, 2022- Calcaneal Osteotomies, MDCO or Dwyer, FDL Tendon Transfer
October 17, 20212- MIS HAV Repair (Stryker to supply speaker)
November 21, 2022- TMT Fusions, Lis Franc Fracture / Dislocation
December 12, 2022- STJ Fusion, Retrocalcaneal Exostectomy
January 16, 2023- Lapidus Bunion
February 20, 2023- Ankle / STJ Arthroscopy, Tenoscopy
March 20, 2023- FHL Tendon Transfer, V-Y Achilles Repair

DL3:

July 25, 2022- Lapiplasty (Dr. Hansen instructing and will make arrangements for the equipment)
August 22, 2022- Ankle / STJ Arthroscopy / Tenoscopy
September 26, 2022- Triple Arthrodesis, Gastrocnemius Recession
October 24, 2022- MIS HAV Repair, TMT 1-3 Fusion (Stryker to provide speaker)
November 28, 2022- PTT transfer through the Interosseus Membrane
December 19, 2022- STJ Arthrodesis, Calcaneal Osteotomies
January 23, 2023 – Chronic Achilles Repair with FHL Tendon Transfer
February 27, 2023- Cole, Steindler Stripping
March 27, 2023- TTC or Ankle Arthrodesis

At the end of each quarter, junior and senior residents should exchange cadavers. All cadavers can remain for free dissection time until the week before the start of the next set of labs when they should be disposed of, and the new limbs arrive.

Demonstration Labs:

(Second- and Third-Year Residents)

Principles of Application of an External Fixator: **Led by Dr. Patel**
IM Nail: **Led by Dr. Patel**
Plastics: Lower Extremity Flaps: Led by ?

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CCC:

July 23, 2022- WC2, KC3, WC3
August 20, 2022- WC1, KC2, KC1
September 17, 2022- WC4, KC3, WB3
October 22, 2022- WC2, WB4, KB3
November 19, 2022- KB2, WC1, WC3
December 17, 2022- KC2, WB2, KB1
January 21, 2023- WC4, KC1, WB1
February 18, 2023- KC3, WB3, WC3
March 18, 2023- WC2, WC1, KB2
April 15, 2023- KB3, KC1, KC2
May 20, 2023- WB4, KB1, WC4
June 17, 2023- WB1, WB2

SRL- (Senior Resident Lectures)

December 17, 2022- KC3 - Treatment of Stage 2 (of a 3-Stage System) Hallux Limitus.
January 21, 2023- WC1 - Evaluation and Surgical Repairs 2nd MPJ Pre-Dislocation / Dislocation Syndrome.
February 18, 2023- KC2 - Review of VTE, DVT, PE following LE Surgery and its Prophylaxis.
March 18, 2023- WC4 - Testing for Level Selection in LE Amputations
April 15, 2023- WC3 - Procedure Selection for Hallux Valgus.
May 20, 2023- WC2 - Preoperative Evaluation and Surgical Management of Pilon Fractures.
June 17, 2023- KC1 - Current Strategies for Postoperative Pain Management.

First Year Case Presentations:

May 17, 2023- Kingwood Residents
June 7, 2023- West Residents

Each first year will present an interesting case they participated on during the past year. This may be medical, surgical, or even non-podiatric. This will be presented to all the residents.

Dermopath Lecture Series:

Location: GTEF Office- 12121 Richmond Avenue STE 417, Houston TX 77082
Lectures to Podiatry Residents: ~ Jochin Shaefer, MD
(Tuesdays at 5:30PM)
October 11, 2022- Biopsy Strategies and Techniques. When Should I Biopsy?
November 7, 2022- Skin Malignancies Need to change
February 6, 2023- Diabetic Skin Manifestations, Fungal Infections
April 11, 2023- Common Dermatological Conditions of the Lower Extremities

Nerve Labs- Saturdays 9:00 AM-12:00PM- Led by Dr. Wynn

February 4, 2023- Tarsal Tunnel Surgery. **PGY-1 / PGY-2 ONLY**
April 1, 2023- Nerve Repair and Nerve Wrap Lab, Common Peroneal Nerve Decompression. **PGY-3 ONLY**

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Zoom Lectures:

To be arranged by Dr. Mendicino. Dates and times will be based upon speaker's availabilities. Potential lecturers: Drs. Hofbauer, Ng, Weinraub, Reeves, Chang, and Lamy. I will try to schedule once a quarter.

Radiology Lab(s): (Onsite, WEST)

(Residents would provide radiographs/CT/MRI to the attending ahead of time for review)

August 29, 2022- Forefoot RAD Lab- Led by Dr. Beckman

October 3, 2022- Midfoot RAD Lab- Led by Dr. Ivey

April 3, 2023- Rearfoot / Ankle RAD Lab- Led by Dr. Patel

WEST Resident Key:

Ron Adduru - **WA1**

Mamoon Barbandi - **WA2**

Brodie Collins - **WA3**

Sarika Reddy - **WA4**

Casser Farishta - **WB1**

Imran Peer - **WB2**

Mai Pham - **WB3**

Taylor Saucier - **WB4**

Tarunjeet Bajwa - **WC1**

Hira Mirza - **WC2**

Heather Tran - **WC3**

Paul Williams - **WC4**

KINGWOOD Resident Key:

Amina Naseem - **KA1**

Priyanka Reddy - **KA2**

Monica Cervantes - **KA3**

Abinav Leva - **KB1**

Sahil Handa - **KB2**

Phi Huynh - **KB3**

Hannah Abigail - **KC1**

Jaskern Dhami - **KC2**

Rafay Qureshi - **KC3**

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KW Wednesday Academic Schedule: (KW RESIDENTS ONLY)

July 6, 2022

- Perioperative Management/DVT Prophylaxis – Rafay Qureshi
- Anesthesia – Sahil Handa

July 13, 2022

- Lower Extremity Amputations – Hannah Abigail
- SUTURE WORKSHOP

July 20, 2022

- Open Fractures/Puncture Wounds – Jaskern Dhami
- Principles of Wound Healing – Priyanka Reddy
- INCISION PLANNING WORKSHOP

July 27, 2022

- ABFAS ITE Board Review – Rafay Qureshi
- Boards Questions/Cases Practice

August 3, 2022

- Osteomyelitis/Diabetic Foot Infections – Amina Naseem
- Antibiotics for Diabetic Wounds – Phi Huynh

August 10, 2022

- X-rays and Ultrasound – Monica Cervantes
- CT/MRI/Bone Scan – Abinav Leva

August 17, 2022

- HAV Workup and Evaluation – Sahil Handa
- HAV Surgery – Rafay Qureshi
- BUNION SAW BONES WORKSHOP

August 24, 2022

- Mal/nonunion, AVN, Compartment Syndrome – Priyanka Reddy
- ABFAS Board Review Cases/Questions

August 31, 2022

- Hallux Varus – Abinav Leva
- Hallux Limitus/Rigidus – Phi Huynh

September 7, 2022

- Progressive Collapsing Foot Deformity/PTTD – Monica Cervantes
- Surgical Correction of Flatfoot Deformity – Hannah Abigail

September 14, 2022

- ABFAS Board Review Cases/Questions

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September 21, 2022 – ABFAS ITE

September 28, 2022

- AO Principles – Amina Naseem
- RUGGLES AO WORKSHOP

October 5, 2022

- Neurological Conditions of Pes Cavus – Phi Huynh
- Surgical Correction of Pes Cavus – Sahil Handa

October 12, 2022 – 3rd year ABFAS

October 19, 2022

- Metatarsal Fractures – Priyanka Reddy
- Lisfranc Fracture-Dislocations – Rafay Qureshi
- LISFRANC OR JONES FRACTURE WORKSHOP

October 26, 2022

- BIOMET WORKSHOP IN DOWNTOWN

November 2, 2022

- Ankle Instability/Sprains – Monica Cervantes
- Talar Fractures – Hannah Abigail

November 9, 2022

- Soft Tissue Tumors/Masses – Abinav Leva
- Bone Tumors – Phi Huynh

November 16, 2022

- Ankle Fractures – Priyanka Reddy
- Pilon Fractures – Amina Naseem

November 23, 2022 – THANKSGIVING

November 30, 2022

- Arthroscopy – Sahil Handa
- Osteochondral Defects – Jaskern Dhami

December 7, 2022

- Navicular/Cuboid Fractures – Abinav Leva
- Ankle Fusion – Rafay Qureshi
- ANKLE FUSION WORKSHOP

December 14, 2022

- Achilles Tendinopathy/Rupture – Monica Cervantes
- Calcaneal Fractures – Amina Naseem

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December 21, 2022

- External Fixation – Jaskern Dhami
- EX-FIX WORKSHOP

December 28, 2022 – HOLIDAY

January 4, 2023

- Pediatric Forefoot Deformity – Phi Huynh
- Pediatric Rearfoot Deformity – Rafay Qureshi

January 11, 2023

- Pedal Coalitions – Hannah Abigail
- Charcot Neuroarthropathy – Abinav Leva

January 18, 2023

- Rheumatoid Arthritis – Amina Naseem
- Gout – Monica Cervantes

January 25, 2023

- TAR – Jaskern Dhami
- TAR WORKSHOP

February 1, 2023

- Lower Extremity Flaps – Priyanka Reddy
- Principles of Tendon Healing/Tendon Transfers – Sahil Handa

February 8, 2023 – Board Prep

February 15, 2023 – Board Prep

February 22, 2023 – Board Prep

March 1, 2023 – Board Prep

March 8, 2023 – Board Prep

March 15, 2023 – 3rd Year ABFAS

March 22, 2023 – Workshop

April 5, 2023 – Workshop

April 12, 2023 – Workshop

April 19, 2023 – Workshop

April 26, 2023 – Workshop