

**HCA Houston Healthcare Kingwood and West
Podiatric Medicine and Surgery Residency with RRA
Academic Schedule 2023-2024**

CCC- Clinical Case Conference, Saturdays 9AM-12PM

SRL- Senior Resident Lecture, 8AM before corresponding CCC

JC- Journal Club; First Monday of the Month, 6PM

BI- Biomechanics Third Tuesday of the Month, 6PM

DL-1- Surgical Dissection Lab PGY-1 and any interested PGY-3, 6PM

DL-2- Surgical Dissection Lab PGY-2 and any interested PGY-3, 6PM

DL-3- Surgical Dissection Lab PGY-3, 6PM

K- Kingwood Resident

W- West Resident

A, B, C- First, Second, and Third Year

Biomechanics / Practice Management Lectures: (Tuesdays at 6:00PM) - Led by Dr. Schneider

July 18, 2023- (**FIRST YEARS ONLY WEST & KW**)- A Brief Overview of Clinical Biomechanics

August 15, 2023- Functional Hallux Limitus and Hallux Valgus

September 19, 2023- Biomechanics of Pes Cavus and Metatarsalgia

October 17, 2023- Tarsal Tunnel Syndrome and Ankle-Foot Orthoses (AFO)

November 14, 2023- Pediatric Biomechanics and In-Office Orthotic Modification and Adjustment

December 12, 2023- Fall Prevention

January 16, 2024- Biomechanical Examination and Gait Analysis

February 20, 2024- The Customized Footwear Prescription

March 12, 2024- PM: Coding for Office Procedures and Surgery

April 16, 2024- PM: Dispensing, Coding & Compliance of Durable Medical Equipment (DME)

May 14, 2024- PM: Getting & Keeping Patients in Your Practice- Marketing, Scheduling, & Recall

June 18, 2024- Biomechanical Exam, Gait Analysis, & Orthotic Prescription Writing Workshop (**WEST & KW**)

TBD- Practice Management (PM) Symposium (**3rd YEARS ONLY WEST & KW**) – Time/Date/Location TBD

Journal Clubs: (Mondays at 6:00PM) - Led by Dr. Sultan

1st Quarter of JC to be done by 2nd / 3rd YRS. After Q1, all residents will be eligible to present after a random name drawing on the day of JC. All residents should be prepared to present for JC. If unable to present, the resident will be reported to their Director.

July 3, 2023- Infection / Surgical Emergencies (LRINEC, Gas, Nec Fasc)

August 7, 2023- First Ray / Digital Deformities (MIS vs Traditional)

September 5, 2023- PCFD Article - **Tuesday**

October 2, 2023- Board Review (Dr. Sultan will go over variety of topics to help prep 3rd Years)

November 6, 2023- Ankle Pathology (OCD, Soft Tissue, Lateral Ankle, Syndesmotic Injuries)

December 5, 2023- Charcot - **Tuesday**

January 8, 2024- Ankle Trauma (Second Year vs Third Year Debate)

February 5, 2024- Seronegative, RA, Gout (Arthropathy)

March 5, 2024- Sports Medicine - **Tuesday**

April 1, 2024- 3D Foot and Ankle Printing

May 6, 2024- Total Ankle/ TAR Lab

June 3, 2024- Flaps

**HCA Houston Healthcare Kingwood and West
Podiatric Medicine and Surgery Residency with RRA
Academic Schedule 2023-2024**

DL1: (Mondays at 6:00PM)

July 10, 2023- Introduction to Hand / Power Instrumentation, Partial / Total Nail Avulsion, Suture Lab
August 28, 2023- Closure, PIPJ and DIPJ Arthroplasty, Digital Fusion
September 11, 2023- Neuroma, Tailor's Bunionectomy without Osteotomy
October 9, 2023- First MPJ Dissection, Weil Osteotomy
November 13, 2023- Distal Osteotomy Bunion
December 4, 2023- Lapidus Bunion, TAL
January 15, 2024- Repeat Distal Osteotomy with MPJ Dissection, Weil Osteotomy
February 12, 2024- Heel Spur, PF Release Open / Instep, Kidner
March 4, 2024- Retrocalcaneal Exostectomy, Haglunds

DL2: (Mondays at 6:00PM)

July 17, 2023- 1st Met Proximal Osteotomies, Weil
August 14, 2023- Jones Fracture, Oblique Fracture Distal 4th Metatarsal, Midshaft 3
September 18, 2023- Calcaneal Osteotomies, MDCO or Dwyer, FDL Tendon Transfer, Flatfoot
October 16, 2023- Calcaneal Fracture Lab
November 20, 2023- TMT Fusions, Lis Franc Fracture / Dislocation
December 11, 2023- STJ Fusion, Retrocalcaneal Exostectomy
January 22, 2024- Lapidus Bunion
February 19, 2024- Ankle / STJ Arthroscopy, Tenoscopy
March 11, 2024- FHL Tendon Transfer, V-Y Achilles Repair

DL3: (Mondays at 6:00PM)

July 24, 2023- PTTD with MDCO, FDL Tendon Transfer
August 21, 2023- Ankle / STJ Arthroscopy
September 12, 2023- Ankle Fracture Lab & Syndesmotic - **Tuesday**
September 25, 2023- Triple Arthrodesis, Gastrocnemius Recession
October 23, 2023- MIS HAV Repair, TMT 1-3 Fusion
November 27, 2023- PTT transfer through the Interosseus Membrane
December 18, 2023- Talus Fracture Lab (Stryker)
January 29, 2024 – Chronic Achilles Repair with FHL Tendon Transfer
February 26, 2024- Cole, Steindler Stripping, Calcaneal Osteotomy, Dwyer
March 18, 2024- TTC or Ankle Arthrodesis (Stryker)
March 25, 2024- Minimally Invasive Lapidus

At the end of each quarter, junior & senior residents should exchange cadavers. Cadavers can be used for free dissection time until the week before the start of the next set of labs. They should be disposed of upon the arrival of the new limbs.

Demonstration Labs: (Second and Third-Year Residents at 6:00PM)

July 31, 2023-Charcot Lab w/ Beaming - **Led by Stryker (Monday)**
October 30, 2023- Principles of Application of an External Fixator: **Led by Dr. Beckman /Halaharvi (Monday)**
March 19, 2024 - TTC Lab- **Led by Enovis (Tuesday)**
August 1, 2023 - Lapiplasty or Adductoplasty: **Led by Dr. Hetman (Tuesday)**
October 3, 2023 - Plastics: Lower Extremity Flaps: **Led by Dr. Altamira using MiMedx (Tuesday)**

**HCA Houston Healthcare Kingwood and West
Podiatric Medicine and Surgery Residency with RRA
Academic Schedule 2023-2024**

CCC: (Saturdays at 9:00 – 12:00PM)

July 22, 2023- WC2, KC3, WC3
August 19, 2023- WC1, KC2, KC1
September 9, 2023- WC4, KC3, WB3
October 21, 2023- WC2, WB4, KB3
November 18, 2023- KB2, WC1, WC3
December 16, 2023- KC2, WB2, KB1
January 20, 2024- WC4, KC1, WB1
February 17, 2024- KC3, WB3, WC3
March 16, 2024- WC2, WC1, KB2
April 13, 2024- KB3, KC1, KC2
May 18, 2024- WB4, KB1, WC4
June 8, 2024- WB1, WB2

SRL- (Senior Resident Lectures): (Saturdays at 8:00AM)

35 Minutes per Lecture- Ask your director if you have any questions about your topic.

December 16, 2023- KC3 – Denervation: Nerve Healing, Diagnosis, and Treatment.
January 20, 2024- WC1 – MIS: Bunions and Other Indications.
February 17, 2024- KC2 – Pediatric Fractures with emphasis in Ankle Fractures.
March 16, 2024- WC4 – Ankle Instability Repair, Medial and Lateral.
April 13, 2024- WC3 – Talus OCL, All Recent Treatment.
May 18, 2024- WC2 – Progressive Collapsing Foot Deformity.
June 8, 2024- KC1 – Charcot Neuroarthropathy, and Treatment Options.

First Year Case Presentations: (Wednesdays at 6:00PM)

May 15, 2024- Kingwood Residents
May 22, 2024- West Residents

Each first year will present an interesting case they participated on during the past year. This may be medical, surgical, or even non-podiatric. This will be presented to all the residents.

Dermopath Lecture Series: (Tuesdays at 6:00PM) - Led by: Jochin Shaefer, MD

August 8, 2023- Biopsy Strategies and Techniques. When Should I Biopsy?
October 24, 2023- Skin Malignancies
April 8, 2024 - Common Dermatological Conditions of the Lower Extremities (Monday)

Nerve Labs: (Saturdays at 9:00AM-12:00PM)- Led by Dr. Wynn

February 10, 2024- Tarsal Tunnel Surgery. **PGY-1 / PGY-2 ONLY**
April 6, 2024- Nerve Repair and Nerve Wrap Lab, Common Peroneal Nerve Decompression. **PGY-3 ONLY**

Radiology Labs: (Onsite at WEST, Tuesdays at 6:00PM)

(Residents would provide radiographs/CT/MRI to the attending ahead of time for review.)

July 25, 2023- Forefoot RAD Lab- **Led by Dr. Beckman**
October 10, 2023- Midfoot RAD Lab- **Led by Dr. Ivey**
April 30, 2024- Rearfoot / Ankle RAD Lab- **Led by Dr. Patel**

**HCA Houston Healthcare Kingwood and West
Podiatric Medicine and Surgery Residency with RRA
Academic Schedule 2023-2024**

Zoom Lectures: TBD

(Quarterly Lectures arranged by Dr. Lo/Matuk/Hofbauer. Dates/times will be based upon speaker's availabilities.)

- **TBD-** Lecture on Cultural humility (e.g., training in implicit bias, diversity, inclusion, and culturally effective components particularly regarding access to care and health outcomes).
- **TBD-** Lecture on Resident well-being (e.g., substance abuse, fatigue mitigation, suicide prevention, self-harm, and physician burnout). Led by Calvin Rushing, DPM / 6PM
(Need CONF of date 11/30/23; 1/25/24; 2/29/24; 4/25/24)
- **TBD-** Lecture on Pain management (i.e., multi-modal approach to chronic and acute pain
(Contacted Dr. P Patel – Anesthesia- WEST, waiting on CONF.)

Additional Academics Scheduled:

(To be completed and Completion Certificate Printed or Emailed)

Name of Course	Due Date	Online / Website
1st Year Residents ONLY:		
Code of Conduct Orientation, including Workplace Harassment and Discrimination Awareness and Prevention.	07/31/2023	HealthStream Online, GME Assignment, 60 min
SQ: Behaviors Undermining a Culture of Safety including Cultural Humility.	07/31/2023	HealthStream Online, GME Assignment, 49 min
Med-IQ Cultural Competency and Humility: Dispelling Myths	07/31/2023	HealthStream Online, GME Assignment, 15 min
Med-IQ Cultural and Health Equity: Confronting Bias in the Treatment of Non-Native Speakers of English.	07/31/2023	HealthStream Online, GME Assignment, 40 min
GME SAFER, Sleep Alertness & Fatigue Education for Resident Well-Being.	07/31/2023	HealthStream Online, GME Assignment, 110 min
Resident Documentation and Foundation of Services Provided: Impact to Teaching Physicians Billing & Coding.	07/31/2023	HealthStream Online, GME Assignment, 16 min
Physician Medical Documentation and Clinical Coding Documentation Improvement and Importance.	07/31/2023	HealthStream Online, GME Assignment, 18 min
2nd & 3rd Year Residents ONLY:		
Code of Conduct Refresher, including Workplace Harassment and Discrimination Awareness and Prevention.	10/15/2023	HealthStream Online, GME Assignment, 60 min
GME SAFER, Sleep Alertness & Fatigue Education for Resident Well-Being.	10/15/2023	HealthStream Online, GME Assignment, 47 min
ALL Residents: Login using your credentials to the listed websites. Do NOT forget to Print and/or Email your Certificate of completion to the Residency Coordinator.		
Patient Fall Risks and the Podiatric Physician https://www.picagroup.com/site/	08/31/2023	Online, PICA Risk Website 60 min
Mitigating Risk When Prescribing Opioids https://www.picagroup.com/site/	08/31/2023	Online, PICA Risk Website 60 min
Preoperative Documentation: What Must be in the Medical Record? https://www.picagroup.com/site/	08/30/2023	Online, PICA Risk Website 60 min

**HCA Houston Healthcare Kingwood and West
Podiatric Medicine and Surgery Residency with RRA
Academic Schedule 2023-2024**

Formulating a Research Topic / Performing a Literature Search (Training in Research Methodology Round 1) https://www.acfas.org/ Education & Professional Development; Research Education; Research e-Learning; View our Research Learning Series	09/30/2023	Online, ACFAS Website 60 min
Research Design (Training in Research Methodology Round 2) https://www.acfas.org/ Education & Professional Development; Research Education; Research e-Learning; View our Research Learning Series	09/30/2023	Online, ACFAS Website 45 min

WEST Resident Key:

Angela Garcia - **WA1**

Nicholas Igbinigie - **WA2**

Khadeeja Tarique - **WA3**

Amanda Vu - **WA4**

Ron Adduru - **WB1**

Mamoon Barbandi - **WB2**

Brodie Collins - **WB3**

Sarika Reddy - **WB4**

Casser Farishta - **WC1**

Imran Peer - **WC2**

Mai Pham - **WC3**

Taylor Saucier - **WC4**

KINGWOOD Resident Key:

Anthony Berton - **KA1**

Gloria Camacho - **KA2**

Kayln Jones - **KA3**

Monica Cervantes - **KB1**

Amina Naseem - **KB2**

Priyanka Reddy - **KB3**

Phi Huynh - **KC1**

Sahil Handa - **KC2**

Abinav Leva - **KC3**

**HCA Houston Healthcare Kingwood and West
Podiatric Medicine and Surgery Residency with RRA
Academic Schedule 2023-2024**

Junior Resident Lectures & Surgical Potpourri: (KINGWOOD RESIDENTS ONLY)

JRL: 5:30PM – 8:30PM Wednesday(s)

Date:	Topic:	Presenter:
July 5, 2023	Perioperative Management	Priyanka Reddy
	Anesthesia	Monica Cervantes
July 12, 2023	Lower Extremity Amputations	Amina Naseem
	Suture Workshop	
July 19, 2023	Principles of Wound Healing	Anthony Burton
	Open Fractures and Puncture Wounds	KayIn Jones
July 26, 2023	Osteomyelitis	Gloria Camacho
	Antibiotics	Phi Huynh
August 2, 2023	X- Ray and Ultra Sound	Anthony Burton
	CT/MRI/Bone Scan	Abinav Leva
August 9, 2023	HAV Evaluation	Amina Naseem
	HAV Surgery	Monica Cervantes
August 16, 2023	Hallux Limitus/Rigidus	KayIn Jones
	Hallux Varus	Gloria Camacho
August 23, 2023	Malunion/Nonunion/AVN	Priyanka Reddy
	Compartment Syndrome	Sahil Handa
August 25-30, 2023	Mexico Medical Mission Trip	
September 6, 2023	Progressive Collapsing Flatfoot Deformity Evaluation	Monica Cervantes
	Surgical Correction of Flatfoot Deformity	Phi Huynh
September 20, 2023	AO Principles	KayIn Jones
	AO Workshop	
September 27, 2023	Pedal Coalitions	Anthony Burton
	Charcot	Priyanka Reddy
October 4, 2023	Metatarsal fractures	Gloria Camacho
	Lisfranc Fracture/ Treatment	Amina Naseem
October 25, 2023	Talus Fractures	Monica Cervantes
	Navicular Fractures	Abinav Leva
November 1, 2023	Calcaneal Fractures	Sahil Handa
	Workshop	
November 8, 2023	Bone Tumors	KayIn Jones
	Soft Tissue Tumors	Anthony Burton

**HCA Houston Healthcare Kingwood and West
Podiatric Medicine and Surgery Residency with RRA
Academic Schedule 2023-2024**

November 15, 2023	Ankle Fracture	Dr. Matuk?
	Workshop	Back-up Priyanka Reddy
November 29, 2023	Arthroscopy	Amina Naseem
	Osteochondral defects	Gloria Camacho
December 6, 2023	Achilles Tendinopathy/Ruptures	Monica Cervantes
	Tendon Healing/ Transfers	Anthony Burton
December 13, 2023	Pilon Fractures	Priyanka Reddy
	Delta Frame Workshop	
December 20, 2023	Pediatric Forefoot Deformities	Kayln Jones
	Pediatric Rearfoot Deformities	Anthony Burton
January 10, 2024	Lower Extremity Flaps	Gloria Camacho
	Workshop	
January 17, 2024	Neurological Pes Cavus	Amina Naseem
	Surgical Correction of Pes Cavus Deformity	Monica Cervantes
January 24, 2024	External Fixation Principles	Phi Huynh
	Workshop	Dr. Miles
January 31, 2024	Ankle Fusion	Sahil Handa
	Workshop	
February 7, 2024	Total Ankle Arthroplasty/TAR	Abinav Leva
February 14, 2024	Boards Prep	
February 21, 2024	Boards Prep	
February 28, 2024	Boards Prep	
March 6, 2024	Boards Prep	
March 12, 2024	3rd Year ABFAS ITE FF	
March 13, 2024	3rd Year ABFAS ITE RF	
March 27, 2024	Workshop	
April 3, 2024	Workshop	
April 10, 2024	Workshop	
April 17, 2024	Workshop	
April 24, 2024	Workshop	