

**HCA Houston Healthcare Kingwood and West
Podiatric Medicine and Surgery Residency with RRA
Academic Schedule 2023-2024**

CCC- Clinical Case Conference, Saturdays 9AM-12PM

SRL- Senior Resident Lecture, 8AM before corresponding CCC

JC- Journal Club; First Monday of the Month, 6PM

BI- Biomechanics Third Tuesday of the Month, 6PM

DL-1- Surgical Dissection Lab PGY-1 and any interested PGY-3, 6PM

DL-2- Surgical Dissection Lab PGY-2 and any interested PGY-3, 6PM

DL-3- Surgical Dissection Lab PGY-3, 6PM

K- Kingwood Resident

W- West Resident

A, B, C- First, Second, and Third Year

Biomechanics / Practice Management Lectures: (Tuesdays at 6:00PM) - Led by Dr. Schneider

July 18, 2023- (**FIRST YEARS ONLY WEST & KW**)- A Brief Overview of Clinical Biomechanics

August 15, 2023- Functional Hallux Limitus and Hallux Valgus

September 19, 2023- Biomechanics of Pes Cavus and Metatarsalgia

October 17, 2023- Tarsal Tunnel Syndrome and Ankle-Foot Orthoses (AFO)

November 14, 2023- Pediatric Biomechanics and In-Office Orthotic Modification and Adjustment

December 12, 2023- Fall Prevention

January 16, 2024- Biomechanical Examination and Gait Analysis

February 20, 2024- The Customized Footwear Prescription

March 12, 2024- PM: Coding for Office Procedures and Surgery

April 16, 2024- PM: Dispensing, Coding & Compliance of Durable Medical Equipment (DME)

May 14, 2024- PM: Getting & Keeping Patients in Your Practice- Marketing, Scheduling, & Recall

June 18, 2024- Biomechanical Exam, Gait Analysis, & Orthotic Prescription Writing Workshop (**WEST & KW**)

TBD- Practice Management (PM) Symposium (**3rd YEARS ONLY WEST & KW**) – Time/Date/Location TBD

Journal Clubs: (Mondays at 6:00PM) - Led by Dr. Sultan

1st Quarter of JC to be done by 2nd / 3rd YRS. After Q1, all residents will be eligible to present after a random name drawing on the day of JC. All residents should be prepared to present for JC. If unable to present, the resident will be reported to their Director.

July 3, 2023- Infection / Surgical Emergencies (LRINEC, Gas, Nec Fasc)

August 7, 2023- First Ray / Digital Deformities (MIS vs Traditional)

September 5, 2023- PCFD Article - **Tuesday**

October 2, 2023- Board Review (Dr. Sultan will go over variety of topics to help prep 3rd Years)

November 6, 2023- Ankle Pathology (OCD, Soft Tissue, Lateral Ankle, Syndesmotic Injuries)

December 5, 2023- Charcot - **Tuesday**

January 8, 2024- Ankle Trauma (Second Year vs Third Year Debate)

February 5, 2024- Seronegative, RA, Gout (Arthropathy)

March 5, 2024- Sports Medicine - **Tuesday**

April 1, 2024- 3D Foot and Ankle Printing

May 6, 2024- Total Ankle/ TAR Lab

June 3, 2024- Flaps

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DL1: (Mondays at 6:00PM)

July 10, 2023- Introduction to Hand / Power Instrumentation, Partial / Total Nail Avulsion, Suture Lab
August 28, 2023- Closure, PIPJ and DIPJ Arthroplasty, Digital Fusion
September 11, 2023- Neuroma, Tailor's Bunionectomy without Osteotomy
October 9, 2023- First MPJ Dissection, Weil Osteotomy
November 13, 2023- Distal Osteotomy Bunion
December 4, 2023- Lapidus Bunion, TAL
January 15, 2024- Repeat Distal Osteotomy with MPJ Dissection, Weil Osteotomy
February 12, 2024- Heel Spur, PF Release Open / Instep, Kidner
March 4, 2024- Retrocalcaneal Exostectomy, Haglunds

DL2: (Mondays at 6:00PM)

July 17, 2023- 1st Met Proximal Osteotomies, Weil
August 14, 2023- Jones Fracture, Oblique Fracture Distal 4th Metatarsal, Midshaft 3
September 18, 2023- Calcaneal Osteotomies, MDCO or Dwyer, FDL Tendon Transfer, Flatfoot
October 16, 2023- Calcaneal Fracture Lab
November 20, 2023- TMT Fusions, Lis Franc Fracture / Dislocation
December 11, 2023- STJ Fusion, Retrocalcaneal Exostectomy
January 22, 2024- Lapidus Bunion
February 19, 2024- Ankle / STJ Arthroscopy, Tenoscopy
March 11, 2024- FHL Tendon Transfer, V-Y Achilles Repair

DL3: (Mondays at 6:00PM)

July 24, 2023- PTTD with MDCO, FDL Tendon Transfer
August 21, 2023- Ankle / STJ Arthroscopy
September 12, 2023- Ankle Fracture Lab & Syndesmotic - **Tuesday**
September 25, 2023- Triple Arthrodesis, Gastrocnemius Recession
October 23, 2023- MIS HAV Repair, TMT 1-3 Fusion
November 27, 2023- PTT transfer through the Interosseus Membrane
December 18, 2023- Talus Fracture Lab (Stryker)
January 29, 2024 – Chronic Achilles Repair with FHL Tendon Transfer
February 26, 2024- Cole, Steindler Stripping, Calcaneal Osteotomy, Dwyer
March 18, 2024- TTC or Ankle Arthrodesis (Stryker)
March 25, 2024- Minimally Invasive Lapidus

At the end of each quarter, junior & senior residents should exchange cadavers. Cadavers can be used for free dissection time until the week before the start of the next set of labs. They should be disposed of upon the arrival of the new limbs.

Demonstration Labs: (Second and Third-Year Residents at 6:00PM)

July 31, 2023-Charcot Lab w/ Beaming - **Led by Stryker (Monday)**
October 30, 2023- Principles of Application of an External Fixator: **Led by Dr. Beckman /Halaharvi (Monday)**
March 19, 2024 - TTC Lab- **Led by Enovis (Tuesday)**
August 1, 2023 - Lapiplasty or Adductoplasty: **Led by Dr. Hetman (Tuesday)**
October 3, 2023 - Plastics: Lower Extremity Flaps: **Led by Dr. Altamira using MiMedx (Tuesday)**

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CCC: (Saturdays at 9:00 – 12:00PM)

July 22, 2023- WC2, KC3, WC3

August 19, 2023- WC1, KC2, KC1

September 9, 2023- WC4, KC3, WB3

October 21, 2023- WC2, WB4, KB3

November 18, 2023- KB2, WC1, WC3

December 16, 2023- KC2, WB2, KB1

January 20, 2024- WC4, KC1, WB1

February 17, 2024- KC3, WB3, WC3

March 16, 2024- WC2, WC1, KB2

April 13, 2024- KB3, KC1, KC2

May 18, 2024- WB4, KB1, WC4

June 8, 2024- WB1, WB2

SRL- (Senior Resident Lectures): (Saturdays at 8:00AM)

35 Minutes per Lecture- Ask your director if you have any questions about your topic.

December 16, 2023- KC3 – Denervation: Nerve Healing, Diagnosis, and Treatment.

January 20, 2024- WC1 – MIS: Bunions and Other Indications.

February 17, 2024- KC2 – Pediatric Fractures with emphasis in Ankle Fractures.

March 16, 2024- WC4 – Ankle Instability Repair, Medial and Lateral.

April 13, 2024- WC3 – Talus OCL, All Recent Treatment.

May 18, 2024- WC2 – Progressive Collapsing Foot Deformity.

June 8, 2024- KC1 – Charcot Neuroarthropathy, and Treatment Options.

First Year Case Presentations: (Wednesdays at 6:00PM)

May 15, 2024- Kingwood Residents

May 22, 2024- West Residents

Each first year will present an interesting case they participated on during the past year. This may be medical, surgical, or even non-podiatric. This will be presented to all the residents.

Dermopath Lecture Series: (Tuesdays at 6:00PM) - Led by: Jochin Shaefer, MD

August 8, 2023- Biopsy Strategies and Techniques. When Should I Biopsy?

October 24, 2023- Skin Malignancies

April 8, 2024 - Common Dermatological Conditions of the Lower Extremities **(Monday)**

Nerve Labs: (Saturdays at 9:00AM-12:00PM)- Led by Dr. Wynn

February 10, 2024- Tarsal Tunnel Surgery. **PGY-1 / PGY-2 ONLY**

April 6, 2024- Nerve Repair and Nerve Wrap Lab, Common Peroneal Nerve Decompression. **PGY-3 ONLY**

Radiology Labs: (Onsite at WEST, Tuesdays at 6:00PM)

(Residents would provide radiographs/CT/MRI to the attending ahead of time for review.)

July 25, 2023- Forefoot RAD Lab- **Led by Dr. Beckman**

October 10, 2023- Midfoot RAD Lab- **Led by Dr. Ivey**

April 30, 2024- Rearfoot / Ankle RAD Lab- **Led by Dr. Patel**

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Zoom Lectures: TBD

(Quarterly Lectures arranged by Dr. Lo/Matuk/Hofbauer. Dates/times will be based upon speaker's availabilities.)

- **TBD-** Lecture on Cultural humility (e.g., training in implicit bias, diversity, inclusion, and culturally effective components particularly regarding access to care and health outcomes).
- **TBD-** Lecture on Resident well-being (e.g., substance abuse, fatigue mitigation, suicide prevention, self-harm, and physician burnout). Led by Calvin Rushing, DPM / 6PM
(Need CONF of date 11/30/23; 1/25/24; 2/29/24; 4/25/24)
- **TBD-** Lecture on Pain management (i.e., multi-modal approach to chronic and acute pain
(Contacted Dr. P Patel – Anesthesia- WEST, waiting on CONF.)

Additional Academics Scheduled:

(To be completed and Completion Certificate Printed or Emailed)

Name of Course	Due Date	Online / Website
1st Year Residents ONLY:		
Code of Conduct Orientation, including Workplace Harassment and Discrimination Awareness and Prevention.	07/31/2023	HealthStream Online, GME Assignment, 60 min
SQ: Behaviors Undermining a Culture of Safety including Cultural Humility.	07/31/2023	HealthStream Online, GME Assignment, 49 min
Med-IQ Cultural Competency and Humility: Dispelling Myths	07/31/2023	HealthStream Online, GME Assignment, 15 min
Med-IQ Cultural and Health Equity: Confronting Bias in the Treatment of Non-Native Speakers of English.	07/31/2023	HealthStream Online, GME Assignment, 40 min
GME SAFER, Sleep Alertness & Fatigue Education for Resident Well-Being.	07/31/2023	HealthStream Online, GME Assignment, 110 min
Resident Documentation and Foundation of Services Provided: Impact to Teaching Physicians Billing & Coding.	07/31/2023	HealthStream Online, GME Assignment, 16 min
Physician Medical Documentation and Clinical Coding Documentation Improvement and Importance.	07/31/2023	HealthStream Online, GME Assignment, 18 min
2nd & 3rd Year Residents ONLY:		
Code of Conduct Refresher, including Workplace Harassment and Discrimination Awareness and Prevention.	10/15/2023	HealthStream Online, GME Assignment, 60 min
GME SAFER, Sleep Alertness & Fatigue Education for Resident Well-Being.	10/15/2023	HealthStream Online, GME Assignment, 47 min
ALL Residents: Login using your credentials to the listed websites. Do NOT forget to Print and/or Email your Certificate of completion to the Residency Coordinator.		
Patient Fall Risks and the Podiatric Physician https://www.picagroup.com/site/	08/31/2023	Online, PICA Risk Website 60 min
Mitigating Risk When Prescribing Opioids https://www.picagroup.com/site/	08/31/2023	Online, PICA Risk Website 60 min
Preoperative Documentation: What Must be in the Medical Record? https://www.picagroup.com/site/	08/30/2023	Online, PICA Risk Website 60 min

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Formulating a Research Topic / Performing a Literature Search (Training in Research Methodology Round 1) https://www.acfas.org/ Education & Professional Development; Research Education; Research e-Learning; View our Research Learning Series	09/30/2023	Online, ACFAS Website 60 min
Research Design (Training in Research Methodology Round 2) https://www.acfas.org/ Education & Professional Development; Research Education; Research e-Learning; View our Research Learning Series	09/30/2023	Online, ACFAS Website 45 min

WEST Resident Key:

Angela Garcia - **WA1**

Nicholas Igbinigie - **WA2**

Khadeeja Tarique - **WA3**

Amanda Vu - **WA4**

Ron Adduru - **WB1**

Mamoon Barbandi - **WB2**

Brodie Collins - **WB3**

Sarika Reddy - **WB4**

Casser Farishta - **WC1**

Imran Peer - **WC2**

Mai Pham - **WC3**

Taylor Saucier - **WC4**

KINGWOOD Resident Key:

Anthony Berton - **KA1**

Gloria Camacho - **KA2**

Kayln Jones - **KA3**

Monica Cervantes - **KB1**

Amina Naseem - **KB2**

Priyanka Reddy - **KB3**

Phi Huynh - **KC1**

Sahil Handa - **KC2**

Abinav Leva - **KC3**

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Junior Resident Lectures & Surgical Potpourri: (WEST RESIDENTS ONLY)

JRL: 6:00PM – 1st and 3rd Wednesday(s)

Surgical Potpourri: 6:00PM – 2nd and 4th Wednesday(s)

Date:	Topic(s):	Resident:
July 5, 2023	1. Diabetic Foot Infection and PAD	A1
	2. Perioperative Management, Including: Evaluation, Anesthesia, DVT Prophylaxis, Pain Control, and Antibiotics	A2
July 12, 2023	Surgical Potpourri	C4
July 19, 2023	1. Hallux Valgus, Hallux Varus, and Hallux Limitus	A3
	2. Digital Deformities, Metatarsalgia, Plantar Plate Repair, and Tendon Balancing Procedures	A4
July 26, 2023	Surgical Potpourri	C3
August 2, 2023	1. Skin Conditions	A1
	2. Disorders of Nerves, Including: Entrapment Syndromes and CRPS	A2
August 9, 2023	Surgical Potpourri	C2
August 16, 2023	1. AO Principles of Fracture Fixation	A3
	2. Arthrodesis Principles and Management of Delayed / Nonunions	A4
August 23, 2023	Surgical Potpourri	C1
September 6, 2023	1. Ankle / Pilon Fractures	B1
	2. Ankle and STJ Arthroscopy	B2
September 13, 2023	Surgical Potpourri	C4
September 20, 2023	1. Calcaneus Fractures	B3
	2. Talus Fractures	B4
September 27, 2023	Surgical Potpourri	C3
October 4, 2023	1. Arthropathies, Including: OA, RA, Gout, Seronegatives, Fibromyalgia, SLE	A1
	2. Athletic Injuries, Including: Ankle Sprains, Stress Fracture, Jones Fracture, Achilles Rupture, Sesamoid Injuries/Turf Toe, Shin Splints, and ECS / PAES	A2
October 11, 2023	Surgical Potpourri	C2
October 18, 2023	1. Plastic Surgery Principles, Including: Flaps and Grafts	A3
	2. Lower Extremity Tumors, Including: Soft Tissue and Osseous	A4
October 25, 2023	Surgical Potpourri	C1
November 1, 2023	1. Pes Planus	B1
	2. Pes Cavus	B2
November 8, 2023	Surgical Potpourri	B4

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November 15, 2023	1. External Fixation, Including: Delta Frame and Circular Frames	B3
	2. STJ, TNJ, and Ankle Joint Dislocations	B4
November 22, 2023	Surgical Potpourri	B3
December 6, 2023	1. Ankle Fusion and TAR	B1
	2. Pantalar Fusion and TTC Fusion	B2
December 13, 2023	Surgical Potpourri	B2
December 20, 2023	1. Congenital Deformities, Including: Brachymetatarsia, Polydactyly, Syndactyly, Talipes Equinovarus, Talipes Calcaneovalgus, Metadductus, and Congenital Convex Pes Valgus.	B3
	2. Lisfranc Fracture - Dislocation and Other Midfoot Fractures.	B4
December 27, 2023	Surgical Potpourri	B1
January 3, 2024	1. Osteochondroses of the Foot and Ankle	A1
	2. Heel Pain	A2
January 10, 2024	Surgical Potpourri	B4
January 17, 2024	1. Disorders of Tendons, Including: Primary Repair, Tenodesis, and Transfers	A3
	2. Clinical Podiatry Treatment and Protocols	A4
January 24, 2024	Surgical Potpourri	B3
February 14, 2024	Surgical Potpourri	B2
February 28, 2024	Surgical Potpourri	B1
March 13, 2024	Surgical Potpourri	C4
March 27, 2024	Surgical Potpourri	C3
April 10, 2024	Surgical Potpourri	C2
April 24, 2024	Surgical Potpourri	C1
May 8, 2024	Surgical Potpourri	B4
May 29, 2024	Surgical Potpourri	B3
June 12, 2024	Surgical Potpourri	B2
June 26, 2024	Surgical Potpourri	B1