# Cinco De Mayo Foot & Ankle Conference May 3 – 4, 2024

Hotel Zaza, Museum District, Houston, Texas
Scientific / CME Director / GTEF President – Mark Hofbauer, DPM



Friday, May 3, 2024: (8.75 CECH)

8:00am- 8:15am: NON CECH

Welcome! Overview of The Greater Texas Education Foundation.

-- Mark Hofbauer, DPM, GTEF President

#### 8:15am-8:30am:

Cavus Foot Work-up for Surgical Planning.

--Taylor Saucier, DPM, Chief Resident, 3rd Year, HCA Houston Healthcare West

#### 8:30am-8:45am:

Peroneal Subluxation.

--Phi Huynh, DPM, 3<sup>rd</sup> Year, HCA Houston Healthcare Kingwood

## 8:45am- 9:00am:

The Role of 3D Printing in Podiatry.

--Ron Adduru, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare West

#### 9:00am- 9:30am:

The Evolution of the Calcaneal Fracture.

-- Mark Hofbauer, DPM, GTEF President

#### 9:30am- 9:45am:

Proximal 5<sup>th</sup> Metatarsal Base Fractures (Cannulated vs. Solid Screw Fixation).

--Monica Cervantes, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare Kingwood

#### 9:45am- 10:00am:

Os Trigonum Syndrome.

--Mai Pham, DPM, 3rd Year, HCA Houston Healthcare West

# 10:00am- 10:30am: BREAK.

\* Sponsored by BAKO

Meet & Greet with the Exhibitors!

#### 10:30am- 11:30am:

Round Table, Panel Discussion: Hallux Abducto Valgus (HAV)

-- Moderator: Al Ng, DPM

--Panel: Phi Huynh, DPM, 3<sup>rd</sup> Year, HCA Houston Healthcare Kingwood Amina Naseem, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare Kingwood Mamoon Barbandi, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare West Imran Peer, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare West

#### 11:30am- 11:45am:

Haglund's / Retrocalcaneal Exostectomy with FHL Transfer.

--Brodie Collins, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare West

# 11:45am- 12:45pm: Working Lunch. - \*Sponsored by Marlinz Pharma

# Ethics with Stan the Man, Part I

--Stan Churchwell, DPM, JD, GTEF Vice President

#### 12:45pm- 1:15pm:

3D Printed Solutions of the Foot and Ankle.

--Al Ng, DPM

## 1:15pm- 1:45pm:

Practice Management, Part I.

--Andrew Schneider, DPM

# 1:45pm- 2:00pm:

Pre-dislocation Syndrome with Plantar Plate Repair.

--Priyanka Reddy, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare Kingwood

## 2:00pm- 2:15pm:

Syndesmotic Repair (Tight-Rope vs. Screw Fixation).

--Sarika Reddy, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare West

## 2:15pm- 2:45pm: BREAK.

Round 2 with the Exhibitors!

## 2:45pm- 3:30pm:

Round Table, Panel Discussion: Adult Flatfoot

- --Moderator: Jorge Matuk, DPM, Director, HCA Houston Healthcare Kingwood
- --Panel: Taylor Saucier, DPM, Chief Resident, 3<sup>rd</sup> Year, HCA Houston Healthcare West Abinav Leva, DPM, Chief Resident, 3<sup>rd</sup> Year, HCA Houston Healthcare Kingwood Sahil Handa, DPM, 3<sup>rd</sup> Year, HCA Houston Healthcare Kingwood Casser Farishta, DPM, 3<sup>rd</sup> Year, HCA Houston Healthcare West Monica Cervantes, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare Kingwood

## 3:30pm- 4:00pm:

Lis Franc Fractures. CONFIRM THIS TOPIC

--Jorge Matuk, DPM, Director, HCA Houston Healthcare Kingwood

## 4:00pm- 6:00pm: Cocktails & Rapid Fire!

\*Move to Lobby Level Room

Complications of the Diabetic Foot.

--Asia Lo, DPM, Director, HCA Houston Healthcare West

## **Objectives:** (pending)

- Attendee will be able to diagnose and understand history & treatment for calcaneal fracture. Cavus foot, peroneal sublixation. hallux abducto valgus, diabetic foot.
- The audience will understand causes and treatments of: syndesmotic repair, plantar plate repair, Haglunds retrocalcaneal repair, & os-trignom symdrome.
- Attendee will understand options for practice management and review of ethics for podiatric practice for best patient outcomes. .

# **Saturday, May 4, 2024: (5.0 CECH)**

#### 8:00am- 8:30am:

Welcome! Mendo's Pearls- Podiatric Practice Tips.

--Asia Lo, DPM, Director, HCA Houston Healthcare West

## 8:30am- 8:45am:

**Evan's Calcaneal Osteotomy for Flatfoot Reconstruction.** 

--Casser Farishta, DPM, 3<sup>rd</sup> Year, HCA Houston Healthcare West

#### 8:45am-9:00am:

Ankle / Pilon Fractures.

--Imran Peer, DPM, 3<sup>rd</sup> Year, HCA Houston Healthcare West

#### 9:00am- 9:15am:

Os Tibiale Externum.

--Amina Naseem, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare Kingwood

#### 9:15am- 9:30am:

**Denervation Treatment Options.** 

--Abinav Leva, DPM, Chief Resident, 3rd Year, HCA Houston Healthcare Kingwood

#### 9:30am- 10:00am:

Practice Management, Part II.

--Andrew Schneider, DPM

10:00am- 11:00am: BREAK.

Celebrate with the Exhibitors!

#### 11:00am- 11:15am:

**Achilles Tendon Ruptures.** 

--Mamoon Barbandi, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare West

#### 11:15am- 11:30am:

**Lisfranc Fracture / Dislocation.** 

--Sahil Handa, DPM, 3<sup>rd</sup> Year, HCA Houston Healthcare Kingwood

## 11:30am- 12:30pm: Working Lunch.

\* Sponsored by Bioventus

Ethics with Stan the Man, Part II.

--Stan Churchwell, DPM, JD, GTEF Vice President

# 12:30pm- 1:00pm:

**Clinical Case Controversies.** 

--Robert Mendicino, DPM

## 1:00pm- 2:00pm:

## Round Table, Panel Discussion: Talus OCD

--Moderator: Mark Hofbauer, DPM, GTEF President

--Panel: Mai Pham, DPM, 3<sup>rd</sup> Year, HCA Houston Healthcare West

Priyanka Reddy, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare Kingwood

Sarika Reddy, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare West Brodie Collins, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare West Ron Adduru, DPM, 2<sup>nd</sup> Year, HCA Houston Healthcare West

# **Objectives:** (pending)

- Attendee will be presented with updates on podiatric pearls, flatfoot reconstruction, Pilon Fractures, Os tibiale externum procedure, & denervation treatment options.
- Attendee will be provided information regarding clinical case controversies with Q & A, updates on talus OCD options, & Achilles tendon ruptures
- The audience will receive education on practice management updates and ethical practice for the post covid podiatric clinic.

**CECH INFORMATION & DISCLOSURES:** The Greater Texas Education Foundation is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. Greater Texas Education Foundation has approved this activity for a maximum of 13.75 continuing education contact hours. Please be advised that you must sign in at the seminar to verify attendance. No commercial interest provided financial support for this continuing education activity. For any questions contact Greater Texas Education Foundation at 281-597-1630.

Scientific Director and CME Director is Mark Hofbauer, DPM. Cinco De Mayo Foot & Ankle Conference, May 2024. **Faculty:** Mark Hofbauer, DPM, West Virginia University Medicine, Wheeling, West Virginia; Al Ng, DPM, Orthopedic Centers of Colorado, Denver, Colorado; Andrew Schneider, DPM, Tanglewood Foot Specialists, Houston, Texas; Jorge Matuk, DPM, Director, HCA Houston Healthcare, Kingwood, Podiatry Associates of Houston, Houston, Texas; Asia Lo, DPM, Director, HCA Houston Healthcare, West, Centers for Advanced Footcare, Houston, Texas; Robert Mendicino, DPM, Pittsburgh, Pennsylvania and Stan Churchwell, DPM, JD, Dallas, Texas. **Resident Faculty:** HCA Houston Healthcare West, 3<sup>rd</sup> Years: Taylor Saucier, DPM, Chief Resident; Casser Farishta, DPM; Mai Pham, DPM; Imran Peer, DPM; HCA Houston Healthcare West, 2<sup>nd</sup> Years: Ron Adduru, DPM; Mamoon Barbandi, DPM; Brodie Collins, DPM; Sarika Reddy, DPM; HCA Houston Healthcare Kingwood, 3<sup>rd</sup> Years: Abinav Leva, DPM, Chief Resident; Sahil Handa, DPM; Phi Huynh, DPM; HCA Houston Healthcare Kingwood, 2<sup>nd</sup> Years: Monica Cervantes, DPM; Amina Naseem, DPM; Priyanka Reddy, DPM.

ATTENDANCE: A minimum of two attendance verifications will be done each day, unless the activity is 4 hours or less, then a single verification is required, and must be completed to receive continuing education hour(s) credit. Furthermore, in each Continuing Medical Education activity/event final program / agenda the number of Continuing Education Contact Hours for each segment will be identified, as well as identifying the time(s) to stop by the registration area to sign for verification of attendance for that segment of the program. Each participant must sign the verification of attendance form at the allotted times each day to receive the credit of contact hours for each particular segment, along with a completed evaluation form at the end of the activity. \*The Verification of CECH and Attendance Certificate form will be mailed or emailed at the end of the event/activity for your records. The Greater Texas Education Foundation will keep a record of the CECH Certificate for 5 years.

**EDUCATION MISSION STATEMENT:** To enhance and support the need for quality podiatric education and knowledge to achieve the goal of providing the highest quality of care for the healthcare community and public. Dedicated to fostering excellence, we achieve this goal by offering the latest innovative options and providing a comprehensive education for the treatment of the foot, ankle, and lower leg pathology. We strive to equip and empower Podiatric Medical/Surgical Attending Physicians, Podiatric Surgical Residents, Students, Allopathic Physicians, and healthcare professionals with cutting-edge knowledge, skills, and research through a variety of educational activities, including continuing education seminars/conferences, case review presentations, lectures, panel/group discussions, and live internet activities. We aim to elevate the standards of podiatric practices/ services and use our dynamic educational initiatives as a commitment to being an educational cornerstone throughout the medical community.

**COMMERCIAL INTEREST:** \*\*No commercial interest provided financial support for this continuing education activity. Sponsorship was provided for breaks, lunch and display area activities only.

PRESENTER DISCLOSURE: Each Presenter/Instructor, Moderator, Author, Activity Director, or Planning/Approval Committee Member is required to disclose any financial or other relationships they might have with a manufacturer of any commercial product to be discussed during their presentation as well as any commercial contribution of the activity. Each Presenter, Instructor, Moderator, Author, Activity Director, Planning/Approval Committee Member, and continuing education provider is required to provide disclosure and written agreement according to the CPME 720 guidelines. Any additional disclosures may be presented verbally prior to the beginning of the event/activity. A copy of all provided disclosures or written agreements can be provided upon request or can be found onsite at the activity/event. The Greater Texas Education Foundation is approved by the Council on Podiatric Medical Education as a sponsor of continuing education. All material(s) presented and/or distributed shall be in accordance with the Health Insurance Portability and Accountability Act (HIPPA), as amended. A copy can be provided for you upon request. ©Greater Texas Education Foundation. All rights reserved.

**INTENDED AUDIENCE:** Attending Physicians, Podiatric Physicians, Podiatric Surgical Residents, Students, Allopathic Physicians, and healthcare professionals. Schedule subject to change.

**CANCELLATION POLICY:** All Cancellation deposits and payments are non-refundable.

#### GREATER TEXAS EDUCATION FOUNDATION CONTACT AND REGISTRATION INFORMATION:

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